

# We can all help:



- **REDUCE, RECYCLE, REUSE**

- PICK UP OUR TRASH- SO THE OCEAN STAYS FREE OF IT
- SEPARATE TRASH AND PLASTIC
- CONSUME LESS PRODUCTS IN PLASTIC
- USE A CANVAS BAG INSTEAD OF A PLASTIC BAG
- CARRY A MUG or CUP with you instead of plastic bottles
- CONSUME JUST WHAT YOU NEED
- DONT LEAVE THE WATER RUNNING WHILE BRUSHING YOUR TEETH, WASHING DISHES ETC..
- BE AN ACTIVE SUPPORTER OF ANIMAL WELFARE
- FOLLOW OUR NEWS VIA WEBSITE AND FACEBOOK

## All Problems have Solutions

- Refuse all use of disposable plastic, find alternatives to plastic objects
- Reduce - use less packaging and disposable goods
- Reuse - preferably nontoxic (glass, stainless steel) make less waste
- Recycle - as much as you can

**LET'S USE THEM!**